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The Promise House Program Agreement

A Collaborative Initiative by Future Promises Foundation & Serenity Health & Recovery

Welcome to Future Promises Foundation's Promise House

The Promise House, a joint initiative of Future Promises Foundation and Serenity Health & Recovery, is a supportive sober living program designed to provide individuals with the structure, care, and resources they need to stabilize, recover, and rebuild their lives. Residents may stay for up to two years, with program progress reviewed every 90 days or upon entering a new phase of care.

Through this partnership, residents have access to case management, substance use and mental health treatment, medical services, and other community-based supports that empower them to achieve long-term stability and self-sufficiency.

Participation in the program is a privilege, not a guarantee. Continued residency depends on your commitment to recovery, accountability, and adherence to program expectations.

PERSONAL COMMITMENTS

1. **Honesty**

This program is built on trust. We expect you to be open and truthful with staff. Dishonesty may result in immediate dismissal.

2. **Active Participation**

You must engage in case management services, work toward permanent housing, and attend all required counseling sessions, addiction recovery programs, and on-site educational groups.

3. **Support Meetings**

Attend at least three recovery-based meetings per week (e.g., AA, NA, Aftercare).

4. Employment & Education

You are expected to maintain employment or be enrolled in an approved education/training program. Any changes must be discussed with staff in advance. Job loss or quitting without notice may lead to dismissal.

5. Financial Accountability

Discuss any purchases over \$100 with your case manager. You must budget and report each paycheck accordingly.

6. Group Participation

On-site groups begin at 5:30 PM and are mandatory. Notices will be posted in advance.

7. Romantic Relationships

Romantic relationships, especially between residents, are not permitted and will result in eviction. If you are involved with someone, be honest with your case manager.

8. Medications

Only non-narcotic medications approved by staff may be used. All prescriptions must be verified. Medications must be taken as prescribed until medically discontinued with documentation.

COMMUNITY COMMITMENTS

- **House Meetings & Rules**

You must attend house meetings and follow all house rules, which exist to ensure safety and community respect.

BASIC HOUSE RULES

1. Drug & Alcohol Policy

No use or possession of alcohol, illegal substances, or unauthorized drugs. Random drug and alcohol screenings will be conducted. Failure to complete a screening within one hour will be considered a positive result and may lead to eviction.

2. No Weapons

Weapons of any kind are strictly prohibited.

3. Smoking Policy

Smoking is allowed only in the backyard between 5:00 AM and 10:00 PM. Smoking indoors or on the front porch is grounds for dismissal. No candles are allowed.

4. Curfew

Curfew is 8:00 PM unless your work schedule has been approved by staff.

5. Visitors

Visitors are permitted under the following conditions:

- Staff must be present if visitors wish to see the home.
- No overnight visitors under age 13.
- No visitors who are romantic partners, under the influence, or have a history of violence toward you.
- No visitors are allowed in bedrooms.
- All visitors must be approved by staff.

6. Chores & Cleanliness

You are responsible for daily chores and maintaining cleanliness. Beds must be made daily. The house will undergo random inspections.

7. Personal Belongings

Belongings must be stored neatly under the bed, in your closet, or dresser. No hoarding is allowed.

8. Food Rules

No food or drinks in bedrooms. Clean up after meals immediately.

9. Outdoor Boundaries

Do not congregate or smoke in front of the house or garage.

10. Move-Out Policy

When leaving the program, take all belongings with you and forward your mail. Unclaimed belongings will be held for 7 days if requested.

11. Yard & Décor

No changes to the yard. Use Command Strips for hanging items in your room. No personal items in shared spaces.

12. Respect for Privacy

Entering another resident's room is not allowed.

13. Room Cleanliness

Walls must be wiped down monthly. Residents will be issued a room key.

HYGIENE & PERSONAL CARE

- Daily showers are required.
 - Bedding must be washed weekly.
 - You are responsible for your own hygiene items and meals, though pantry donations may be available.
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EMPLOYMENT REQUIREMENT

Residents must maintain employment and submit weekly schedules to their case manager. Notify staff of any employment changes immediately.

PROGRAM FEES

- **Monthly Fee:** \$600 due on the 1st of each month. A \$10 daily late fee applies after the 5th.
 - **First & Last Month:** Both payments are due at intake. All fees are non-refundable.
 - **Verification:** Submit proof of income (check stubs or bank statements).
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RULE VIOLATIONS & CONSEQUENCES

Violation	Consequence
Use or possession of alcohol/drugs	Expulsion
Failure/refusal to participate in screening	Expulsion
Dishonesty, theft, disrespecting staff	Expulsion
Indoor smoking or candles	Expulsion
Schedule or health changes not reported	Expulsion

Violation	Consequence
Curfew violations	Expulsion
Violence, threats, weapons	Expulsion
Missed required groups or counseling	Expulsion
Unapproved job change or quitting	Expulsion
Repeated or serious rule violations	Expulsion
Unpaid rent or lack of budgeting	Expulsion
Romantic involvement with another resident	Expulsion
Visitors in bedroom or without approval	Probation or Expulsion
Job loss or excessive schedule changes	Probation or Expulsion
Unapproved financial decisions	Probation or Expulsion
Missed 1:1 appointments (first or second offense)	Probation or Expulsion
Failure to take medications as directed	Probation or Expulsion
Missed chores or poor hygiene	Probation or Expulsion

Note: Probation includes a 6:00 PM curfew and additional chores.

ACKNOWLEDGEMENT

I have received and reviewed the Promise House Program Agreement. I understand all rules and expectations and agree to comply fully.

Resident Signature: _____ **Date:** _____

Staff Signature: _____ **Date:** _____

PARTICIPANT FINANCIAL AGREEMENT

Resident Name: _____

Admission Date: _____

Residence Address: The Promise House
19 S. State Street
Dover, DE 19901

- **Fee Agreement:** I agree to pay \$600/month for housing and utilities. Additional charges may apply for excessive utility use.
- **Initial Payment:** I understand first and last month's fees are due within 30 days of move-in.
- **Drug Screening:** I acknowledge that any positive drug screening will result in dismissal.
- **House Responsibilities:** I agree to maintain my space and participate in all required activities.
- **Supplies:** I am responsible for personal items and food.

By signing below, I agree to all financial and behavioral terms outlined in this agreement.

Resident Signature: _____ **Date:** _____

Staff Signature: _____ **Date:** _____